

## Walker Registration Form

Prior to participating in Heart Foundation Walking, you must have read and understood the Walker Terms and Conditions at <http://walking.heartfoundation.org.au> or provided by your Walk Organiser, completed and signed this form, and returned it to your Walk Organiser. You will need to find out the name of the group you wish to join as well as the name of your group's Walk Organiser before you can complete the registration process. The Walk Organiser for your group can help you with this. Visit <http://walking.heartfoundation.org.au> or call 13 11 12 to find your nearest group.

By filling in and submitting the details below, you are confirming that (a) you have read, reviewed, considered and understood the Walker Terms and Conditions and (b) you agree to be bound by the Walker Terms and Conditions as varied from time to time.

### 1. Your walking group details

Group Name: Australia Fair Walking Group

Walk Organiser: Bonny Clarke

### 2. Your details

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Telephone: \_\_\_\_\_ Mobile: \_\_\_\_\_

Date of birth: \_\_\_\_\_ Gender:  Male  Female

Email: \_\_\_\_\_

Postal address: \_\_\_\_\_

Suburb: \_\_\_\_\_ State: \_\_\_\_\_ Postcode: \_\_\_\_\_

### 3. Walker Recognition Scheme, Newsletter and e-updates

Would you like to participate in the Walker Recognition Scheme?  Yes  No  
*To receive rewards, you must select Yes and provide your postal address above*

Would you like to receive regular newsletters and e-updates?  Yes  No  
*To receive e-newsletters and e-updates you must select Yes and provide an email address above*

Would you like to join the Prime Minister's One million steps ?  Yes  No  
*Please refer to the Terms and Conditions*

### 4. Diversity questions (optional)

Is English your first language?  Yes  No (specify) \_\_\_\_\_

Are you of Aboriginal or Torres Strait islander origin?  Yes  No

What is your occupation?  
 Employed  Self employed  Unemployed  
 Retired  Semi-retired  Home duties  
 Student  Other (specify) \_\_\_\_\_

How did you hear about Heart Foundation Walking? (select one)  
 Health professional  Internet  Newspaper  
 Flyer/poster  Radio  Television  
 Word of mouth  Social Media  Other (specify) \_\_\_\_\_

What is your main reason for joining Heart Foundation Walking? (select one)  
 Improve fitness  Improve health  Fun/enjoyment  
 Manage weight  More energy  Referral  
 Meet new people  Other (specify) \_\_\_\_\_

Have you experienced a heart attack or stroke?  
 No – Neither  Yes – Stroke  Yes – Heart attack

If yes, what year and month? \_\_\_\_\_

Did this prompt you to join a walking group?  Yes  No

Do you believe you do enough physical activity to be healthy?

Yes

No

Unsure

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In the past week, on how many days have you been physically active for at least 30 minutes?

Days per week (*specify*)

None

Unsure

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## 5. IMPORTANT NOTICE – PLEASE READ

1. This form is for use by individuals participating (or intending to participate) in the Heart Foundation Walking program (Walkers and HFW respectively).
2. This form is intended for online use but, if necessary, it may be printed and completed for submission by post to: Heart Foundation Walking, Reply Paid 84197, HUTT STREET SA 5000.
3. An applicant can opt to join one or more HFW groups and/or be a 'virtual Walker' (e.g. a walker without a current local HFW group or unable to walk simultaneously with the local HFW group) as a Walker and will be eligible for corresponding HFW participation benefits set out in the Walker Handbook as varied from time to time (Walker Recognition Scheme).
4. Applicant approval as a Walker is automatic but a Walker's ongoing participation in HFW is governed by strict compliance with the version of the applicable terms and conditions currently available for download on the Heart Foundation website (the Walker Terms and Conditions).
5. The Walker Terms and Conditions may be varied from time to time by changes made to the applicable terms and conditions available for download on the Heart Foundation website. Such changes will be notified in advance by any one or more of written notice on the Heart Foundation website itself, by letter (including newsletter) or by email and any Walker not consenting to be bound by the current Walker Terms and Conditions must withdraw from HFW.
6. The Heart Foundation reserves the right to exclude or reject Walker(s) and/or others from participation in HFW activities at its sole discretion, at any time and without notice or explanation.
7. If you have a medical condition and/or you would be significantly increasing your level of physical activity by participation in HFW activities, you must consult your doctor. You must not participate in HFW activities if you are not well enough to do so or if you do not feel well enough to do so. If your health or circumstances change, you must see your doctor to check that it is still safe for you to participate.

## 6. Signature

By signing this form, you are confirming that (a) you have read, reviewed, considered and understood the Walker Terms and Conditions and (b) you agree to be bound by the Walker Terms and Conditions as varied from time to time.

**Privacy Statement** Your Personal Information is being or has been collected by the Heart Foundation to facilitate services requested by you and /or to keep you informed about Heart Foundation related activities. We respect your privacy and embrace the principles contained in the Privacy Act. The Heart Foundation (we, us, our) is the National Heart Foundation of Australia and all associated Australian State and Territory Heart Foundation Divisions, full details of which can be found in our Privacy Notice. We may contact you in the future for the promotion of heart health messages and programs, research, fundraising purposes and invitations to events. If you attend our events you may be photographed or filmed and images &/or audio may be used in various mediums to promote the Heart Foundation. Please tell event staff if you do not wish to be photographed or filmed. Personal details may be provided to third parties where required by law or for the purpose of facilitating services contracted by us, in so doing your personal information may be disclosed to overseas recipients. Further information is available in our Privacy Notice or on request. Communications from us may include mail, email, social media, SMS or telephone contact and may also include messages on behalf of event sponsors and other third parties. By providing your information to us you agree that you have provided your indefinite consent to this contact. You may withdraw consent at any time though in doing so we may not be able to provide you with services requested. The Heart Foundation will not disclose your information to any third party for their marketing purposes. If you do not want to receive further communication from us (other than information that relates to this service) or if you have any questions about privacy please contact our Privacy Officer via GPO Box 9966 in your capital city, [privacy@heartfoundation.org.au](mailto:privacy@heartfoundation.org.au) or by calling 1300 55 02 82. Our APP privacy policy is set out in our Privacy Notice and details how you may complain about privacy issues and how we would deal with that complaint. It also explains how you can access, correct or update information we hold about you. A copy of our Privacy Notice is available at [www.heartfoundation.org.au](http://www.heartfoundation.org.au) or on request. [HFPS01-140410-P]

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

The Heart Foundation relies on the generosity of individuals and from bequests in people's wills. Since 1959 the Heart Foundation has funded lifesaving medical research and has helped all Australians understand the importance of looking after their hearts. To donate please call 13 11 12 or visit [heartfoundation.org.au](http://heartfoundation.org.au)